

UPLERS

UN PL LL CC CC EE DD



Inaugural Note

Jaymin Bhuptani



Humans of Uplers

Aayush Gupta



Leadership Note

Paritosh Vaishnav

**Nital Shah's Special
Dedication to
Uplers Favorite**

Contents

Uplers Unplugged - April Edition 2020

2. Inaugural Note
3. Leadership Note
4. Editor's Note
5. Nital Shah's Special Dedication to Uplers Favourite
6. Uplers Bulletin Board
8. Work from Home Pictures
9. Wayback Wednesday
11. Online Learning Tools
12. Art Corner
14. The Friendship Tales
15. Office ki Khatti Meethi Yaadein
17. Humans of Uplers
19. 1 Minute Laugh
20. Complete the Lyrics - The Retro Way
20. Song Dedications
21. Marvel Quiz
22. Did you Know?
23. Myths Busted
24. Uplers CookBook
28. The Top Trends in Entertainment
30. The Journey of Every Corporate Employee - Blog
32. Suniye Aapke Uplers Ke Doston Ke Sujhaav!
35. Tips & Tricks
36. Horoscope
38. Behind the Scenes





Inaugural Note

Hello Uplers, With great pleasure and happiness, I introduce to you “Uplers Unplugged”.

This is the first edition of Team Uplers very own magazine, created for the people of Uplers, by the people of Uplers. I am delighted that now we have a magazine that symbolizes the spirit of freedom and yet connects us deeper. It is for us to stay connected, to revisit old memories and relive those moments fondly, to witness heart-touching stories and get a glimpse into the other side of the team.

At Uplers we have always tried to push the envelope in the genre of creativity. Clearly, no matter the situation, the Uplers family will always look for the silver lining. There is so much more to all of us and luckily we can now witness it all.

We intend to put a wide smile on your face and I am sure it will give you the same happiness as it gave us whilst envisioning it and compiling it for all of you.

Till the time we meet again, till the time we are back on the floors, till the time the meeting rooms are filled with discussions and corridors are cracking up with laughter, Stay Healthy Stay Safe!

We will get through this together.

CEO | Uplers



Leadership Note

Lockdown: Not of Spirits

We are living in a time like none before. The streets are deserted, the malls are vacant, the familiar buzz of morning urgencies and evening family drives is missing. Offices, schools, factories are all shut. And rightly so, this enemy is not visible to the eye, we do not know when it may strike. Hence everyone is doing the right thing, social distancing and staying home.

Never have we seen such adversities, but neither have we felt this intense value for everything and everyone around us too! Like ourselves, for months we were trying to build capabilities to work remotely. We wanted to try it with 10 people and scale up gradually, however, this lock down gave us an opportunity to “Go Live” with all 550 people in just under 3 days. No dry runs, no rehearsal, no pilots. Now on looking back at the weeks gone by, we seem to have managed this well.

Not just the organizations but also the families are learning to cope with this change, and they are learning quickly. We are seeing family zoom calls, catch up between friends’ groups and even neighbors are meeting remotely. My aunt, who lives in a village still uses a bar phone. She is 69 years old and has 5 grandchildren. On a family zoom call, I heard her utter “Tera mic mute hai”! Such is the power of human spirit. When it is in adversity, it quickly learns to adapt and find workarounds.

This time would test us to our very core. The economy would take a hit, the disease affected would be scarred for life, it would take a long time for things to get normal. I wonder will things ever be the same! Would we evolve to a new “normal” when this shall pass? Changing some characteristics of the human race irreversibly. It’s very likely. Along with all of this, we also have earned this time to take a pause in life and reflect on so many things that we never had time for.

We would come out of this and come out mightier than ever before.

More we suffer, stronger we'll emerge,

Bit by bit, piece by piece,

Just keep the faith, for there is only one winner in this all, The Unrelenting Human Spirit!

A handwritten signature in black ink that reads "Pratiksh Vaishnav". The signature is written in a cursive, flowing style.

Human Resource



Editor's Note

Seeing Things Being Ticked Off is the Biggest Motivating Factor

As a working professional, we have multiple things on our list, each of which needs to be worked upon and completed before the timelines. As soon as you've accomplished one task, the next task instantly follows. Although the process may seem too hectic, the feeling of getting things done one at a time offers immense satisfaction.

Uplers Unplugged, has now been successfully ticked off my list!

A perfect blend made by Team Uplers, for Team Uplers.

We are trying to showcase our culture, get a glimpse into the lives of our colleagues, de-stress with the light-hearted puzzles & memes, and stay updated with the latest happenings at Uplers!

This is a platform for all to contribute, showcase their talents, share your stories with us and eventually help us in building a community.

A big shoutout to my tribe my team, to the HR department, to Aayush and to Paritosh Sir, this wouldn't have been possible without the patience and support from all of you.

I would like to extend a big thanks to all of you, as it's you all who have made this possible from concept to reality.

The stories we received, the participation and contribution by all was overwhelming and so very fulfilling. I got to know so many people better and could relate to so much through the journey of this magazine. A heartfelt thanks to all of you!

Keep the stories coming, keep the love flowing and let's continue the merriment!

Let us get to know each other better, we have always been stronger together!

*Karishma
Khushchandani*

Brand Marketing

Vahi Masruf Din, Vahi Tanha Raatein aur Vahi Khud se Baatein!

By Vikas Jain

Here is a special surprise to our dearest "Baba".

We are delighted to present to you a heart-felt poem written by our favorite Vikas Jain, who has jotted his poetry down after almost 2 decades. We thank Nital Shah for bringing out this gem in front of all of us and giving us the chance to read this beautiful rendition.

वही मसरुफ़ दिन, वही तनहा रातें और वही खुद से बातें
अब तो आइना भी देखने से कतरता हूँ मैं।

कुछ शकलें आज भी हौसले की तरह है
ना देखूँ उनको तो बिखर जाता हूँ मैं।

मेरे नसीब का मिज़ाज इस आलम में भी क़ायम है
अब खुद से लड़कर भी हार जाता हूँ मैं।

तुम ही दे दिया करो खेरियत की ख़बर अपनी
अब कहाँ घर से बाहर जाता हूँ मैं।

वो खुद पे इतराते रास्ते भी अब ख़ामोश है परेशान है
कोन पूछे अब मुझे से किधर जाता हूँ मैं।

नींद तोड़ देती है हर सुबह तुम से मिलने की उम्मीद
फिर दिनभर खुद ही को समझता हूँ मैं।

फ़र्क़ इतना ही आया है तेरे बाद मुझ में
जो बेफ़िक़्री थी वो चली गयी, अब मायूस हो जाता हूँ मैं।

खाब मैं भी आती है अब तो सुनसान राहें |
इंसान देखने तो भी तरस जाता हूँ मैं।।

.....Baba



Uplers Bulletin Board

Rounding up the Pulse of Uplers by Bringing the Latest Updates for you!

Traditions are traditions. Hard times may come and go but our spirit and determination stays undeterred. The efforts of the people doing extraordinary work will not be unrecognized.

So here's presenting to you, the Upstars of April 2020 (Drumroll Please)



Amrita Halder
Human Resource



Ankit Chauhan
IT Support



Badal Kanuga
IT Support



Daksh Patel
Online Marketing



Deeba Tromboo
Human Resource



Gajjar Shrujal
Design



Ishan Maniar
SEO



Jaydip Shukla
IT Support



Jimit Soni
Development





Kaizeen Anklesaria
SEO



Kandarp Vyas
SEM



Mihir Mistry
Development



Mitul Chauhan
Development



Patel Jaymitkumar
IT Support



Rudresh Trivedi
IT Support



Shah Parthvi
Development



Shailesh Patil
IT Support



Simran Loonia
Human Resource



Shilpi Ravat
SEM



Zankhana Vaghani
Human Resource



Work from Home Pictures

From giving us desk goals to sharing their beautiful views with us, see how the people of Uplers have set up their home office.



Shimul's Work Reality



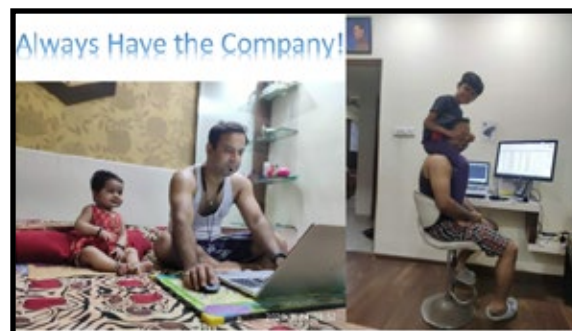
Nikul's Kiddo



Zinal & her Dalgona Coffee



SEO's Con Calls



Gulshan's little Colleagues



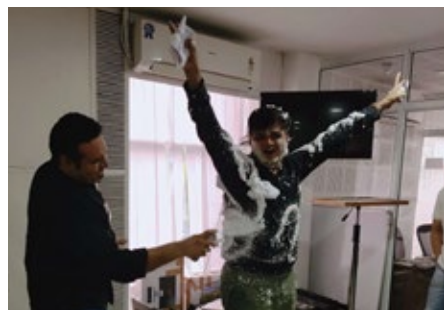
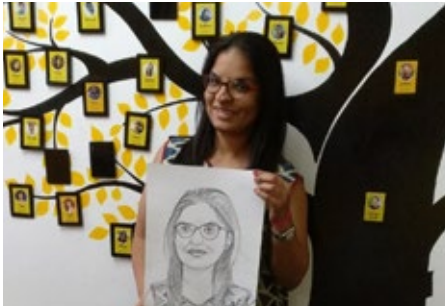
Divyani's WFH Scenario



Shaifali's Desk Goals

Wayback Wednesday

Let's take a Trip Down the Memory Lane.



Wayback Wednesday





Online Learning Tools

As we all are working from our safe spaces, this looked like a good time to develop our skills while accessing some courses from the vast ocean of repositories from the internet. We have curated a small list of free online learning resources that will help you improve on some basic skills. What makes these sources more interesting is that on completion, some of them can also be added as certifications on your LinkedIn profiles!

[1. Exploring Emerging Technologies for Lifelong Learning and Success](#)

[2. Project Management & Other Tools for Career Development Specialization](#)

[3. Digital Marketing Specialization](#)

[4. Improve Your English Communication Skills Specialization](#)

[5. Working Remotely](#)

[6. Time Management: Working from Home](#)

[7. Thriving @ Work: Leveraging the Connection between Well-Being and Productivity](#)

[8. Building Resilience](#)

[9. Mindfulness Practices](#)

[10. Balancing Work and Life](#)

Hope you enjoy the above courses. We shall be following up with another set of courses for you real soon!

Art Corner

Witness the Wonders of the Amazing Creations
Displayed by our people of Uplers.

Rani Padmavati

Glorious as history, chivalrous as light,
Gracious as morning, mysterious as night,
Courageous as a Biasa and a Rajput by right.

With delicacy melting in her eyes and Ghunghat (veil) covering her hair,
She walks through praise to enlighten the tale of dare.

A beauty so innocent, a beauty so fair,
A beauty so divine, a beauty so rare,
Oh the charm she carried, oh the charm on that face.
Enveloped in gold she unveiled the pricelessness of grace,
I know a color, a color so red,
'The color of dawn', a poet once said.
I had seen the color I had seen it red,
Somewhere on those cheeks in the blush she had.

Won by Rana Ratan Singh, defeated by none,
She is Rani Padmawati, Virtuous as the Sun.

- By Prashant Gupta
Brand Marketing





**Rangoli by Bhoomi Raval
Development**



**Mandala by Zinal Shah
Learning and Development**



**Henna
by Zankhana Vaghani
Human Resource**



**Henna
by Zankhana Vaghani
Human Resource**



**Henna
by Bhumi Raval
Development**



**Henna
by Bhumi Raval
Development**



**Paper Quilling
by Pooja Menon
Account Management**



**Dreamcatcher
by Pooja Menon
Account Management**

The Friendship Tales

Uplers has been instrumental in playing a key role in the life of its people. It has also played a huge part in brewing friendships that will last a lifetime. The Friendship Tales is a display of the companionship which is an inspiration to all of us.



Hiren Purohit - Development
Krunal Shah - Development

Jay-Veeru ki Kahani

This dynamic duo of Hiren Purohit and Krunal Shah has been fairly famous as one of the best examples of friendship in our Uplers family. Currently, they work together as Leads in the Web Development Division, but their story of camaraderie is not bound to just a particular section of the organization.

Though it has been less than a lustrum since these two individuals started their journey as colleagues together at Uplers (then known as Webby Monks).

Their after-work bonding soon turned into an exemplary professional combination of a pair which seamlessly drives a big chunk of resources in terms of planning and execution in the Web Development team. The way in which they manage the various tasks and their coordination on the floor is something we all look up to. There are various testimonies of how their fellowship has gathered a lot of interest and accolades.

One such tale is of the time when they were awarded the title of “Jay-Veeru Jodi” in our last Uplers Fiesta 2019. This award was given to them after they won a poll by receiving 89 votes out of a total of 276 votes! With this short snippet of a story we hope this inspired you to make that quick call to your friend and reminisce about your stories too!



Prakash Sharma - Development
Anand Gohel - Development

The Karan-Arjun of Uplers

Prakash Sharma and Anand Gohel, both of them have been best buddies since the day they started working together. Just like two bodies and one soul, both have different natures and yet have a joint voice. As it is said that the opposites- attract, this jodi is one great example of this proverb. One is super angry, the other is super cool. They never fight with each other but they fight for each other. Their lives are like the story of “Two States” (Not Chetan Bhagat wala!) one is a gujju boy and the other is kumaoni.

This fun pair was awarded as Best Friend Pair in the Annual Uplers event during 2018. May this beautiful bond of theirs grow with each passing day and inspire us all!



Office ki Khatti Meethi Yaadein

By Anuja Jhaveri - Human Resource

A small little thank you to each one of you for being there. Lockdown has made me realize how important each one of you is to me.

Thoda sa lamba hai, par padhna zaroor.

Char ka garam khana acha lagta hai, par wo pantry ki hulchul aur table ke liye wait karna yaad aata hai.

Mann pasand cheeze khane me banti hai, par sab k tiffin me se alag alag khana taste karne ki baat hi alag hai. Wo ankit K Appam or kadhi , ishit ka salad, jebin ke ghar se dosa, supriya ke sabudane, nishita ke nashte, sab bahot yaad aate hai.

Aaram se uthke office ka kaam chalu karne me maze hai, par wo hamesha late hoke traffic ko galiya dete huye sharp 10 baje punch karne ki race me alag hi maza aata hai.

Pure din ghar ke kapdo me kaam karna mazedaar hai, par office jane ke liye taiyaar hone me bhi maze hai.

Vehicle park karte un dogs se darti thi, aj vehicle ghar se nikal ke un dogs ko milne ka mann karta hai.

Kuch colleagues aate hi good morning bolte and mil ke apni seat pe jaate, ab to na koi good morning bolta hai na koi milne aata hai. Wo Zinal ka "Good Morning Public" yaad aata hai.

Apne room me aaram se baith kar kaam karna kitna acha hai, par wo cabin ki hulchal yaad aati hai, wo ac k temperature ki liye jagadhana, wo personal issues baant ke mann ko behlana, kisko chotu to kisko motu kehke bulana, matching kapde pehne ho to ek dusro ko chidhana, apne se choto ko pyaar se didi bulana sab yaad aata hai.

Wo cabin mein PV ki coffee ki smell yaad aati hai, ab to room me dettol spray aur agarbatti si khusbhu chaai hai.

Na koi baju me harroz selfie khinchnewala, aur na koi tutti futti si cute si gujarati bolnewala.

Wo khushi jab front desk se ping aata hai ki candidate aaya hai interview k liye, shayad thode dino ke break pe hai. Gautam bhaiya ka harroz kehna ki Anuja ji tension mat lo tabiyat ka dhyan rakho yaad aata hai.

Chill zone me 30 min so jau sochti thi, aaj baju me bister hai, par 30 mins lockdown hata de to sabko mil aau aisa sochti hu.

Wo Jaymin Sir ki cabin me pure din meeting chalti thi to sochte the ke ab Kuch naya hoga, ab to news me padhti hu ke kya kya naya ho gaya.

Saame wo painting and drawing se sajaya hua desk yaad aata hai, ab to khidki k bahar saamne wale k sukhe hue kapde dekhti hu.

Pani ki bottle bharte hue rasta (room se fridge ka) aj bada soomsaam hai, kash pani bharte hue BD aur Branding team wale dikhe to unse Hi Hello kar lu.

Ghar ki garma garam chai ke saath toast ka maza hi aur hai, par wo Amar bhaiya ka "Halo tea coffee" bhi bahot yaad aata hai.

Ab 5 baje ghar ke darwaze tak jaake, office ki break, Modi ke pohe chai, Hariom ki dabeli, pyaaz kachori, office ke bahar ki hawa , sab yaad karti hu aur laut aati hu.

Miss you all. Hope to see you soon.



Humans of Uplers

By Aayush Gupta - Brand Marketing

Humans of Uplers is a platform wherein we give the people of Uplers a chance to share their most memorable and heart warming experiences. From walking into the Uplers House for the first time to sharing stories of struggles and courage, this is your chance to pour your heart out to the Uplers Family. The first story for our very first magazine edition is brought to us by Aayush Gupta.

2007.

I think it was around September 2007. I was 17 years old, we used to live on the 2nd floor of a 10 storey building and in the afternoon, my mom came to me and asked me to do something very unexpected. I was confused, but soon after I realized the situation. I went out, locked out our flat while my mother, father and my elder sisters were still inside. I went to one of my society friends' place, spent the next 5 hours until it was 7pm. I came back home, unlocked the door.

All of a sudden my family was under debt. We missed all our EMI's, there were soon 5-6 banks who had their recovery agents behind us, who used to sit all day long in our flat, threatening us to repay the debts. We couldn't sustain our business. We sold our properties, we sold our flat. We were down to ground zero. This period was known as the subprime crisis.

2020.

A few days ago I was talking to my mom. I was generally speaking to her that she doesn't need to work so hard anymore. As usual, she got serious and gave me a 30min lecture (Yes, all moms are emotional and all moms are the same). She said "This is the best time of my life Aayush, we have helpers for support, I meet my sisters every year, in fact I am worried that I have become too lazy. Today, I have more than I ever wished, and this is all because of you."





It struck me. Later that day I was getting all sorts of thoughts. What I have been doing, how much I have grown, what have I learned, what all I have been able to achieve during these last several years. To be frank, I still consider myself a trainee, but it's a great feeling knowing that someone dear to you is happy, because of you.

2013.

Uplers was my first full-time job, I started because it was the need of the hour (considering the whole situation of my family). I never knew where this was heading, I in fact wanted to do business (I still do). However, I loved it here. I was learning every day, I was exploring new things, I was getting hands-on experience on everything and anything. Before I could even think, 6 years passed with a blink.

2020.

Today here I am, won't really call myself successful, but happy. The definition of success is subjective and varies for everyone, so I'll let you define yours. For me, my family is everything and being able to take care of them is success (I am 100% mummy's boy). I am in a 10 times better state than I was before, in every aspect.

Some Gyaan:

When I hear everyone's office stories, I feel that mine is no different, it's just the perspective of looking at things is different. There's always going to be challenges, pressure, demand for hard work, but that doesn't make your office toxic. In fact, if you don't go through these things, it's a thought to worry. This isn't a fairy tale, and unless you are giving back more than expected, you are missing out on opportunities. Stop chasing, you have the ability to make your current job, your DREAM job.

Personally I have always focused on my work. I have always remained far away from negative people/thoughts, from any sort of politics (You are part of it, even if you are listening). The mantra is, everything apart from work, the lesser you know, the wiser you grow.

Be patient. Good things take time. But they definitely happen.

Aqib

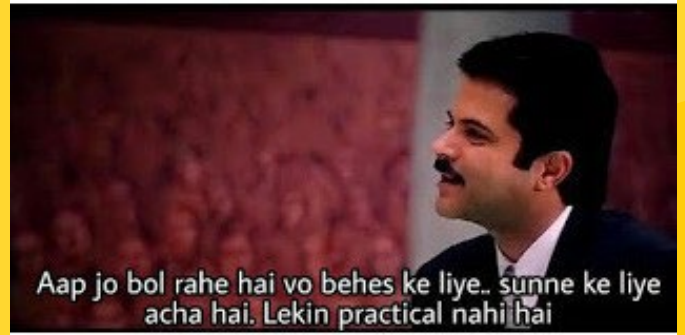
1 Minute Laugh

Missing office as much as we do? Here is a compilation of things that are a part of the everyday Uplers life.

Friday Evening Scenes



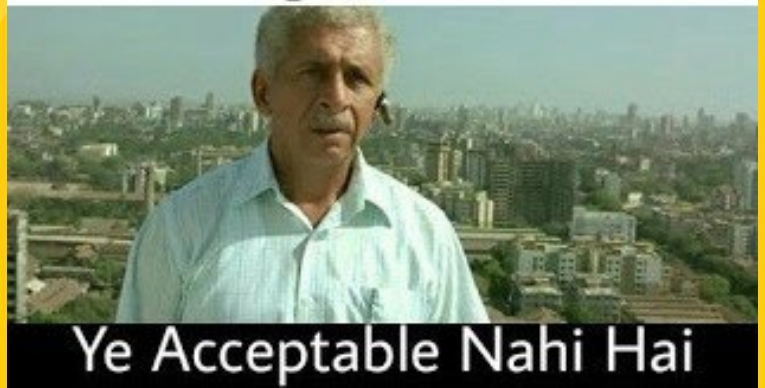
When we are discussing deadlines



IT Team round the clock



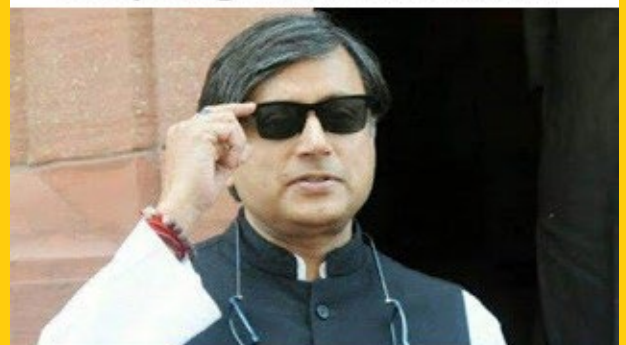
Mukund Bhai when someone misplaces things in the office



Just a quick discussion



Completing work before deadline



Complete the Lyrics

The Retro Way

Bethe Bethe Quarantine mein kya kare - Chalo let's Sing Some Songs leke Prabhu ji ka Naam!



1. Likhe jo _____ tujhe, vo teri yaad mein
2. Kuch toh log _____ logo ka kaam hai kehna
3. Gaata rahe mera _____ tu hi meri manzil
4. Khoya khoya chand khula _____
5. Yeh _____ aa gaye hum yuhi saath saath chalte
6. Kya hua tera _____ vo kasam vo irada

Song Dedications

Let's Dedicate Some Songs to Corona, shall we?

All of us everyday during quarantine

"Kya kare kya na kare ye kaise mushkil haaye!"

Me to my colleagues on a zoom call

"Ye dosti hum nahi todenge!"

Missing Junk Food

"Mujhe yaad sataye teri, haaye haaye yaad sataye teri!"

An ode to Netflix

"Ik tu hi yaar mere, mujhko kya duniya se lene!"

Me to hand washing habit

"Kaise hua, kaise hua tu itna zaroori kaise hua!"

Me after quarantine ends

"Kisi disco mein jaaye, kisi hotel mein khaaye!"



Marvel Quiz

Calling out all the Marvel lovers. Marvel Fans Assemble!

Q1) Who was the first Avenger?

- a. Thor b. Captain America c. Iron Man

Q2) Which infinity stone helped with the creation of vision?

- a. Mind Stone b. Time Stone c. Reality Stone

Q3) In the post-credit scene of Marvel's The Avengers, what type of restaurant are the avengers shown eating at?

- a. Shawarma b. Pizza c. Sushi

Q4) Whose home serves as the "safe house" for the avengers in Marvel's Avengers: Age of Ultron?

- a. Thor's home b. Black Widow's home c. Hawkeye's home

Q5) The bomb that explodes and severely wounds Tony Stark in "Iron Man" bears what logo?

- a. General Dynamics b. Stark Industries c. Alexander Arms

Q6) Which MCU movie featured Spider-man's first appearance?

- a. Spider-Man: Homecoming b. Iron Man 3 c. Captain America: Civil War

Did You Know?

With Great Knowledge comes Great Responsibility!
Let's Get our Facts Right, People.

In Disney's 2010 animated feature film "Tangled", the island kingdom and the birthplace of Rapunzel is called corona.



A woman uses about 20,000 words per day while a man uses 7,000, according to Louann Briziendine, the author of the book, 'The Female Brain.'



The first ever recorded Pizza Delivery was in 1889 to Queen Margherita of Savoy. Reportedly, she was tired of eating 'fancy meals' and requested a local peasant meal. She declared it one of the best things she had ever eaten after taking one bite.

Napping at work is viewed favorably in Japan, it is considered that you are working so hard that you have exhausted yourself.



Surgeons who play video games make fewer mistakes, according to psychology professors at Iowa State University.



Myths Busted

Superstition or Science? Mind vs Heart? - Maano ya na Maano!

We've all grown up listening to many myths and mysteries. Let's find the truth or tale behind it and where it started from.



Trimming your Nails at Night

All of us have heard our Dadi or Nani say this one. But the fact is that nail clippers have sharp edges, and in the olden days, electricity was not available at all times as it is today. So sharp objects plus darkness could lead to someone being hurt. That logic turned into a superstition that people still believe without even knowing the truth behind it.



Black Cat Crossing Path

All of us know the 'kaali billi' myth and many of us still believe in it. In India, black color is mostly associated with evil or misfortune. But the fact is that the eyes of black cats shine very differently in the dark. This used to scare the bullock carts and horses carrying goods in them leading to accidents. That logic turned into a superstition and is still considered to be a bad omen across the world.



Twitching Eyes

Twitching eyes or 'dayi aankh phadakna' as it is commonly known in Hindi is considered to bring bad luck. But the fact is that the eyes twitch due to increased stress, allergies, strain or just dry eyes. That logic turned into a superstition where you still catch people freaking over this.

Uplers CookBook

There's no greater love, than the love for food. Food is heaven, food is passion and food brings people together. Look out for these lip smacking recipes by our very own Uplers Masterchefs.



Tawa Pizza from the Kitchen of Parthvi Shah Development

Ingredients:

For Tawa pizza dough

- 1 cup all-purpose flour
- ½ cup Wheat flour
- 1 tsp Baking powder
- 1 tsp Baking soda
- 1 tbsp Oil
- 3 tbsp Curd
- Salt to taste

For Pizza Sauce

- 2 tbsp oil
- 2-3 Chopped Garlic
- 1 medium Chopped Onion
- 1 cup Tomato Puree
- Pinch of sugar
- ½ tsp Vinegar
- ½ tsp Oregano
- ½ tsp Chilli flakes
- Salt to taste
- 1 cup Mozzarella cheese

For pizza Topping

- 2 tbsp oil
- 2 Sliced Capsicum
- 1 Sliced Onion
- 1 Sliced Tomato
- 1 tsp chili flakes
- 1 tsp Oregano
- 4-5 Basil leaves (optional)
- Salt to taste

Recipe:

For pizza dough

1. In a large mixing bowl, add all-purpose flour, wheat flour, baking powder, baking soda, oil, salt, and curd and mix everything well.
2. Add water as required and make a soft dough. Knead for about 5-6 minutes until the dough turns very soft but not sticky.
3. Cover and set this aside for about an hour.

For pizza sauce

1. In the same pan heat oil, add chopped garlic, onion saute until the onions are translucent.
2. Add fresh tomato puree, sugar, vinegar, salt to taste and mix well.
3. Add oregano, chili flakes, mix it well and dry most of the water from it and keep it aside.

For pizza Topping

1. Heat oil in a pan, add sliced onion, capsicum, tomato, salt to taste, chili flakes, oregano, toss the vegetable well and keep it aside in the refrigerator.
2. You can add some golden corn, mushrooms, olives, and a few jalapenos as per your choice and availability of ingredients.

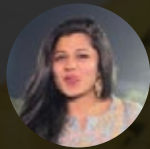
Making pizza

1. Take a ball size dough. Dust the rolling board lightly and roll it slightly thicker. Prick it with a fork all around the dough.
2. Now heat a pan and place the rolled dough on it and cook one side of it properly on a low flame.
3. Turn it on to the other side cooking it in low flame and start by spreading the pizza sauce.
4. Then grate the mozzarella cheese and spread it well.
5. Spread the vegetable and add a few basil leaves.
6. Cover with a lid cook until the cheese begins to melt on low flame.
7. Remove and sprinkle some oregano and chili flakes all around the pizza.
8. Slice pizza with a pizza cutter and serve it hot.

Tips

- If you want to make it more cheesy you may add some cheese with mozzarella.
- For making it spicy you can add some chilly powder in pizza sauce.
- This is my recipe for making quick homemade pizza.
- You can add many other veggies and whatever you want on your pizza.

I wish you very Happy Cooking!!



Garlic Bread from the
Kitchen of Dhrumi Mehta
Campaign Management



Ingredients:

- Garlic
- Bread
- Chill flakes
- Butter
- Oregano
- Cheddar cheese

Recipe:

1. Take some butter in a bowl.
2. Add crushed garlic and oregano in butter. Mix it properly.
3. Take 2 slices of bread.
4. Apply the garlic butter mixture on the bread and add cheddar cheese between the pieces of bread like a sandwich.
5. Apply garlic butter on the outer layer of the sandwich and put it into the pan.
6. Then flip the bread once it gets brown and apply garlic butter and oregano on the other side.
7. Flip it till it is brown.
8. Cut it into 2 pieces and serve.



Fried Rice from the
Kitchen of Chirag Mamtara
Design



Ingredients:

- Jeera (Cumin Seeds)
 - Turmeric
 - Hing (Asafoetida)
 - Salt (As per requirement)
 - Cooking Oil (As per requirement)
 - Rice (As per requirement)
 - Onion (Sliced)
-

Recipe:

1. Put 2 tablespoons of edible oil in the cooker and let it heat for a bit.
2. Add jeera, rai, turmeric, hing, and onion after the oil is warm enough.
3. After the mixture is cooked properly, add rice and water in that mixture as per your requirement.
4. Add salt as needed.
5. Close the lid of the cooker and wait for 6 whistles to blow.
6. After 6 whistles, turn off the gas and keep it aside for 10 minutes so that the hot vaporized water in the cooker cools down.
7. Open the lid and enjoy the fried rice with curd!

Cheers!

The Top Trends in Entertainment

This Quarantine, Binge-watch these Series & Movies while Binge-washing your Dishes! Listen to foot tapping tracks and read some amazing novels too.

Most Popular Series on Netflix with the highest viewership:



Stranger Things
- 64 million.



The Umbrella
Academy - 45 million.



La Casa de Papel
(Money Heist)
- 44 million.

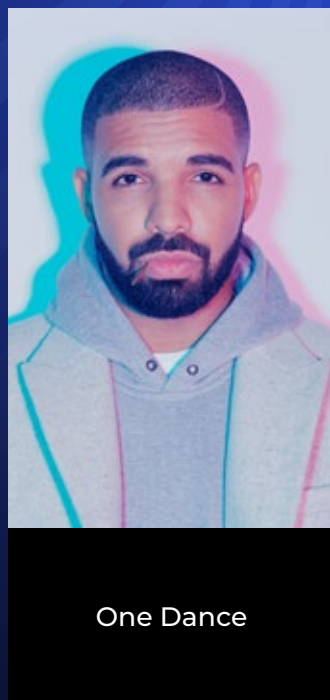


You - 40 Million

Groove and work with most streamed songs on Spotify:



Shape of You



One Dance



Closer



Thinking out Loud

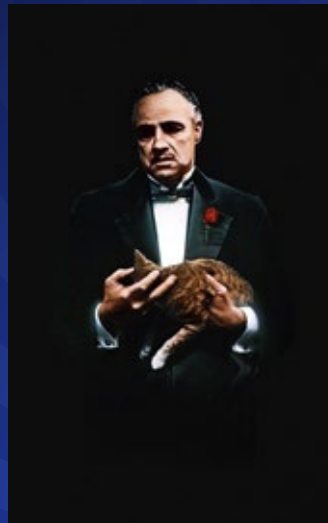
The Top Trends in Entertainment

This Quarantine, Binge-watch these Series & Movies while Binge-washing your Dishes! Listen to foot tapping tracks and read some amazing novels too.

Movies with highest IMDB ratings:



The Shawshank Redemption - 9.2



The Godfather I & II - 9.1



The Dark Knight - 9.0

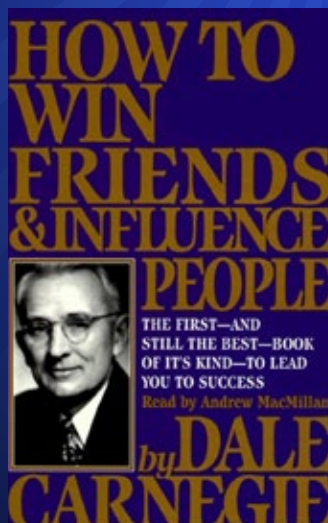


12 Angry Men - 8.9

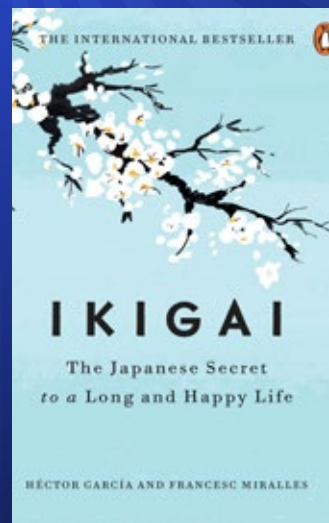
Book your reading slot this quarantine with these most read books on Kindle:



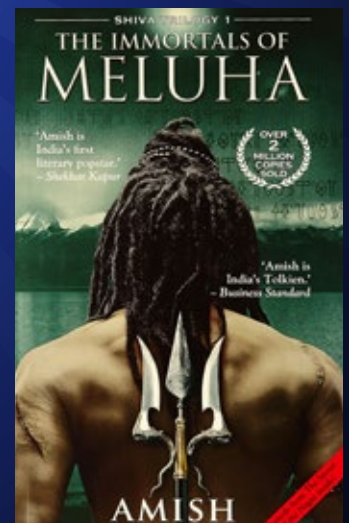
Harry Potter by J K Rowling



How to Win Friends and Influence People by Dale Carnegie



Ikigai: The Japanese secret to a long and happy life by Héctor García



The Immortals of Meluha by Amish Tripathi



The Journey of Every Corporate Employee!

By Parthvi Kher - Brand Marketing

Just remember one thing, “This world, it’s been run by people like us, working and sitting in these cubicles.” Reading this for the very first time might sound funny or even absurd, but if we take a deep breath and have a look at our journeys so far, we all know, that deep down, it is true.

In recent times, some web series have hit us really hard and captured our innermost feelings. Here’s a small compilation of some of the remarkable moments from the web series, Cubicles by TVF.

Ab tum bade ho gaye ho!

The web series begins unfolding on this note and takes us on a nostalgic ride reminding us of our very first job. As Piyush Prajapati quoted in the series, “According to Indian Medical Advisory Board, ek average new born baby paida hone ke 4 mahine baad uthkar baithna shuru kar deta hai, 7 mahine tak crawl, 12 mahino tak apne pairon pe khada ho jata hai...But according to our family and society, vo apne pairon pe tabhi khada ho pata hai jab uski pehli job lagti hai!”



Paise kya ped pe ugte hai?

For every employee, that notification of their salary being credited sounds no less than the symphony of a melody composed by AR Rehman. But, the difference between CTC and in-hand is a code that only the HR can debug.

“What does the government think? I am Maliya and will run away with all this money. Kya mil raha hai hume with this tax? Scams, potholes, or Sodexo Coupons? For which again I'll need to pay GST. Paise kya ped pe ugte hai?” Congratulations! You'll realize you've just started sounding like your parents. And then again, you start understanding the emotions behind these words.



And a shoutout to those savage IT guys!

Piyush - Password kya hai?

IT Guy - PleaseYaadKarLe@123

That one awkward moment we all had of entering the wrong washroom!

Piyush - I don't think I belong here!

Megha - Yes, anyways this is the ladies' washroom.

That level of satisfaction you have while secretly replacing chairs on a weekend!

Most importantly, the chai/coffee wale bhaiya who recharges & energizes you every morning!

Bhaiya meri chai!

Mera Parle - G

Meri coffee

That moment of pride!

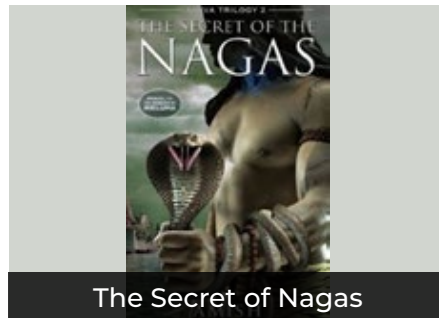
No matter how much I hate coding or the changes, in the end I feel proud that there are hundreds of lines of code behind every small device and site which makes people's lives easy. Yes, this world is run by people working in cubicles!

From working on small challenges to being late, to answering weird questions by HR, coping up with colleagues to secretly crying in the washrooms, this series has captured everyone's hearts and minds in the corporate world.

Suniye Aapke Uplers Ke Doston Ke Sujhaav!

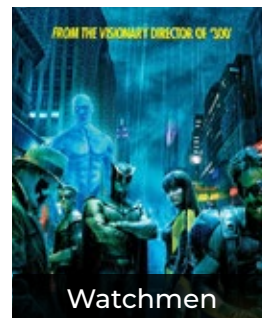
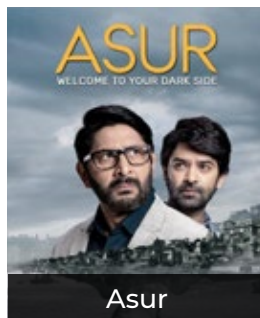
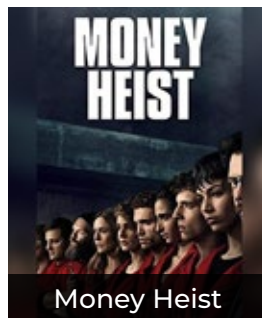
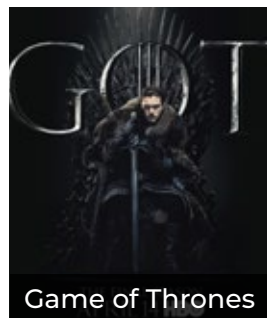
1. Bhoomi Bhavsar - Development

Must Read Books (For New Readers)



2. Prabhu Adesara - Development

Must watch Shows



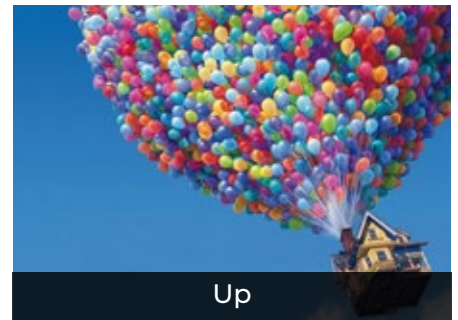
3. Sankshit Pandoh - Development

Must Watch Movies



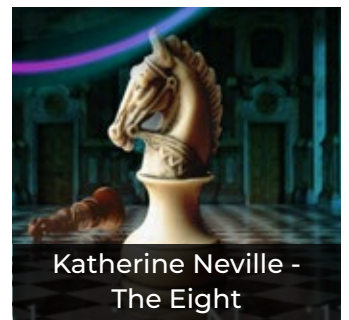
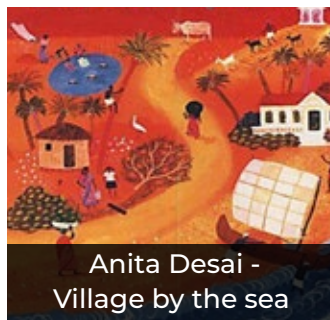
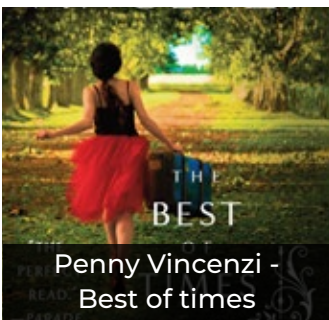
4. Sachin Yadav - Development

Must Watch Movies for all times



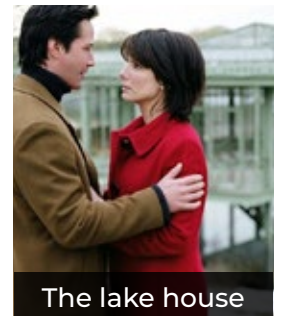
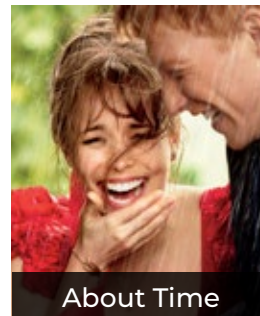
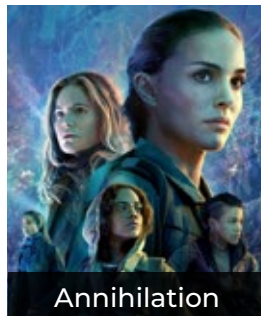
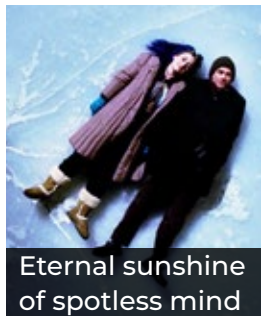
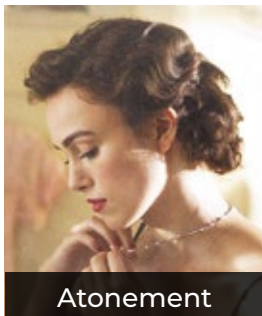
5. Payal Mazumdar - Client Management

Must Read Books (Bibliophiles Shall Love These)



6. Divyani Paliwal - Client Management

Must Watch Movies



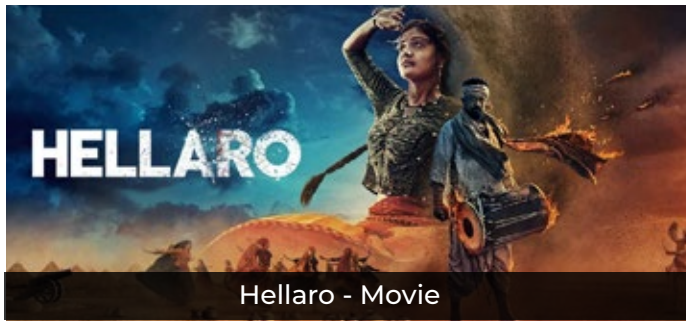
7. Yash Shah - Development

Must watch TV shows



8. Harshal Mehuria - Development

Must Watch Movie & Web Series



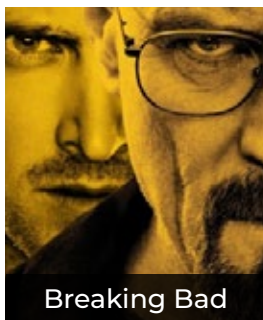
Hellaro - Movie



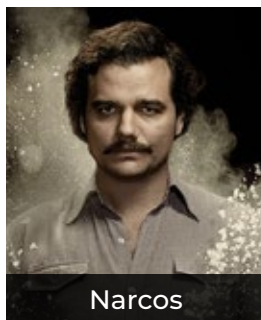
Bhaukaal - Web Series

9. Saif Ali Patel - Campaign Management

Must watch shows



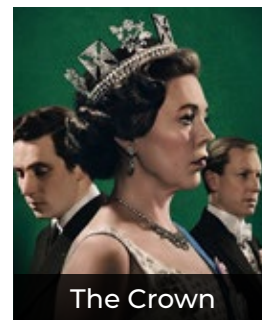
Breaking Bad



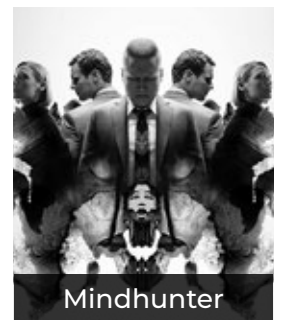
Narcos



Chernobyl



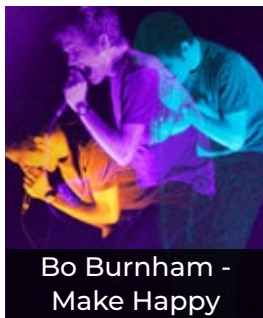
The Crown



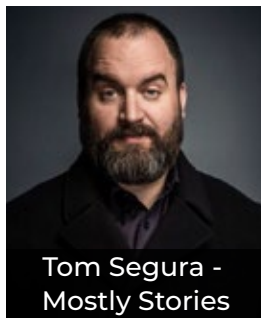
Mindhunter

10. Hannan Shaikh - Campaign Management

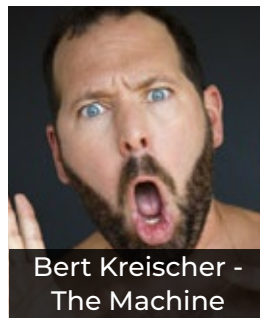
Must watch shows



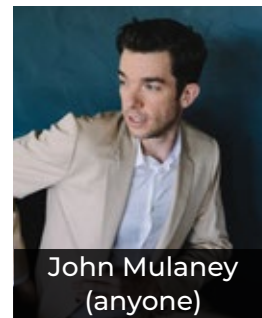
Bo Burnham -
Make Happy



Tom Segura -
Mostly Stories



Bert Kreischer -
The Machine



John Mulaney
(anyone)



Bill Burr
(anyone)

10. Dhruvang Min - Business Development

Must watch show



You Have Been Warned - Discovery Channel & Discovery Science

Tips & Tricks

Being homebound doesn't mean we don't look after ourselves and ignore our health and hygiene. This period is a chance to maintain health, build our immunity and strength and groom ourselves. Here are some tips and suggestions from our friends at Uplers.

Hannan Shaikh - Campaign Management

Health tip

1. Workout at least 30 minutes everyday, if you don't have any equipment you can search for bodyweight exercises
2. Eat equal to your BMR or lower, you can calculate your BMR online. Reduce carbs ex. rice, chapati.
3. Avoid liquid calories (shakes, smoothies, juices, beer, etc.) They will have high calorie content but will make you feel hungry very soon, so you will consume more calories.

Saif Ali Patel - Campaign Management

Health tip

1. Stay active. Add yoga / body weight fitness to your daily routine.
2. Limit / remove junk food.

Dhruvang Min - Business Development

Health tip

Drink half liter water before having tea and coffee to dilute the stomach acid.

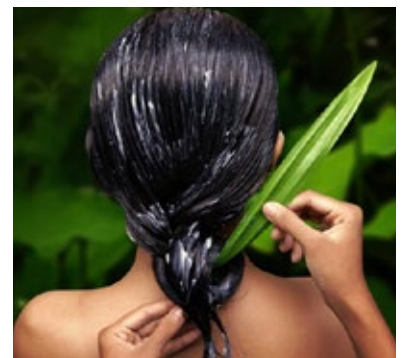
Grooming Tip for Men

Rinsing beard with lukewarm water before shaving or trimming enhances the shaving/trimming effort, it goes smooth.

Zankhana Vaghani - Human Resource

Health tip

1. Key to Glowing skin - Rubbing an ice cube everyday will eliminate the dirt that is accumulated on your face.
2. Key to Voluminous Hair - Apply Aloe Vera Gel in your scalp, massage it for a minute or two. Then take a mixture of vitamin E capsules & Coconut oil together , apply and massage. Wash your Hair with any sulfate free shampoo.



Horoscope 21st - 30th April 2020

The month of March & April brought in Work from Home for all the signs. Lets see whats in the stars for you for the last week of of April.

(P.s - This is a fun version and not something to be considered seriously.)



You're going to finally accept your friend's challenge on Instagram and whip that dalgona coffee up.

♈ *Aries*



Bake your birthday away, because there are no customized cakes this year. Happy Quarantine Birthday to all the Taurians out there!

♉ *Taurus*



This weekend seems like an optimal time to binge-wash your utensils and clothes.

♊ *Gemini*



You're going to be eating a lot of Maggi. Hold your friends closer and Maggi the closest.

♋ *Cancer*



"Kehdo ki ye jhooth hai". Leo you are still in denial of everything that is going around. Ditch the stubborn train and get onboard.

♌ *Leo*



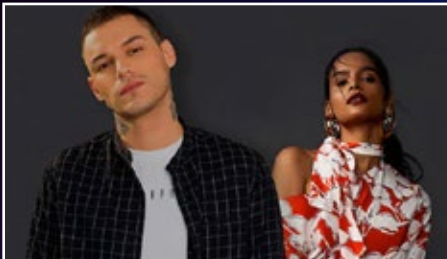
Your mom is going to instruct you to cook Biryani on video call. Watch out for that gas flame or you might end up burning the rice.

♍ *Virgo*

Horoscope 21st - 30th April 2020

The month of March & April brought in Work from Home for all the signs. Lets see whats in the stars for you for the last week of of April.

(P.s - This is a fun version and not something to be considered seriously.)



You're going to ditch those pyjamas this week and unleash your inner Pooh/Ranveer Singh. Glam up Libra!



OH MY GOD! You're going to end up watching Friends on Netflix for the 100th time. Don't forget to renew your Netflix subscription.



You're going to log in 5 mins before office in time and work in your jammies from the bed. Beware of your boss.



You're gonna get caught by your colleagues whilst attending a zoom call and dicing onions and carrots for lunch preparations.



After several challenges and obstacles, you will finally champion Ludo King this week and defeat all your friends.



You're going to be seen indulging in a serious cleaning session. From dusting to sweeping and wiping.



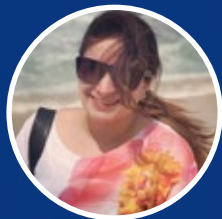
Behind the Scenes

Meet the Team Behind it all

Brand Marketing



Aayush
Gupta



Karishma
Khubchandani



Aashna
Mecwan



Aashna
Ramchandani



Parthvi
Kher

Human Resource



Paritosh
Vaishnav



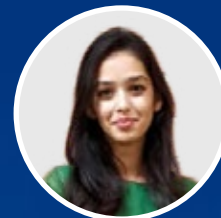
Deeba
Tromboo



Amrita
Haldar



Zankhana
Vaghani



Simran
Loonia



Mustakin
Saiyed



Riaana
Shah

Enjoyed the magazine? Then put in some good words.
Share your feedback with us on karishma@uplers.com

Or Simply Scan the QR code



Wish to get featured?
Send in your entries and collaborate with us for the next edition
of Uplers Unplugged. Drop in a mail at hr@uplers.in

THANK YOU FOR READING!

